

Name: _____ Class dates for assignment: _____

Emotional Health: Larsen – Planning 10 Project Overview

www.mountainlibrary.weebly.com

1. Start by completing “Plagiarism is Bad News” (10 minute) online tutorial with your partner. Please use ear buds. This is found at the REMSS library website under “Citing Sources.”
2. Research one of the following emotional health issues to find definitions at 3 different websites.
 - Depression
 - Bipolar disorder
 - Obsessive compulsive disorder
 - Post traumatic stress disorder
 - Panic attacks
 - Schizophrenia
 - Anorexia nervosa
 - Bulimia nervosa
 - Steroid misuse (emotional effects, not physical)
 - Digital addictions (computer, texting, video games, etc.)
 - Stress
 - Test anxiety
3. Use the **Consumer Health Complete** (database) and pre-selected websites only for research – as outlined in class, and as available at the REMSS library website (under “Pathfinders” and then “Planning 10”). DO NOT “Google” your topic for info. {database: from your own house ... User ID = Langley Password = Langley35}



4. Resources

- Use 3 different sources to find a definition
- Take note of your source and properly cite the source

5. E-notes

- Use the E-Note chart provided to (electronically) gather quotes from online resources
- PARAPHRASE the quote using your own words (point form) in the space provided
- Go to the lower part of the E-Note chart and group your PARAPHRASED words so that they are all in one place
- See teacher’s example

6. Include a **Bibliography** or a List of **Works Cited**

- follow one consistent referencing style, as taught in class (simply listing a website is not satisfactory)
- use (in Word) References – APA style - Insert Citation – Add new source – Works Cited
- insert your word-processed list, at the bottom of E-notes page (see example)
- use 3 sources for your definition (Wikipedia is not an acceptable source for this project)
- see example below:

Works Cited

It's OK 2 B Blue. (n.d.). Retrieved 01 07, 2012, from Blue Wave: <http://www.ok2bblue.com/tiki-index.php>

7. What else?

- you are encouraged to work in pairs, but you may work as an individual if that learning style suits you better (the expectations are the same for pairs and individuals); no groups of 3.
- use point form; do not use uncommon medical terms, write for the average person
- This is not an essay or a report
- **PLAGIARISM** is unacceptable – use your own words to express your own ideas & clearly indicate sources
- We will share the results with classmates during one class period after the due date

Review of Assignment Expectations

- ⇒ **E-note chart** Hand in electronically
- ⇒ Bibliography Electronic, typed below E-notes
- ⇒ daily assessment of time and effort spent on research, by teacher

Submit this assignment to: LarsenPlanning@hotmail.ca (note: not “.com”) Do not send questions to this address.
Email address to ask questions: klarsen@sd35.bc.ca

Teacher’s website: <http://www.schoolrack.com/REMSSLarsen>

ASSESSMENT

Learning Outcomes Demonstrated

- Analyse factors that influence health.
- Analyse health info for validity and personal relevance.

A – Thoughtful, deep research on this topic

- Information – depth and breadth of information for the definition (3 sources for each subtopic)
- “Mechanics” – no spelling or grammatical errors (punctuation, capitalization, etc.)
- Paraphrasing – significantly altered words
- Bibliography – reference list is advanced and clearly shows an understanding of how to cite resources

B – A good introduction to the topic

- Information – accurate information, factual, easy to understand (3 sources for each subtopic)
- “Mechanics” – very minimal spelling or grammatical errors (punctuation, capitalization, etc.)
- Paraphrasing – words altered a reasonable amount
- Bibliography – word processed list that follows format outlined in class and placed below enotes

C – A beginner’s awareness of the topic

- Information – relates to the chosen topic
- “Mechanics” – some spelling or grammatical errors (punctuation, capitalization, etc.)
- Paraphrasing – words altered somewhat
- Bibliography – word processed list that attempts to follow format outlined in class

Redo – Some confusion

- Information – unclear (sources not as specified in class)
- “Mechanics” – significant spelling or grammatical errors (punctuation, capitalization, etc.)
- Paraphrasing – needs work
- Bibliography – missing elements; doesn’t follow format